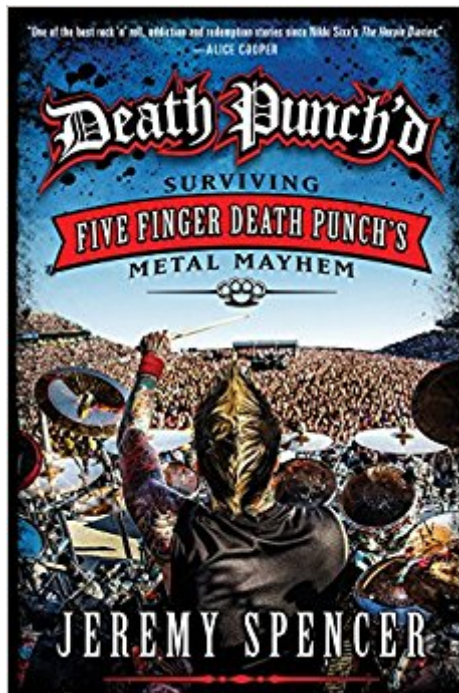


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# Death Punch'd: Surviving Five Finger Death Punch's Metal Mayhem



## Synopsis

From the cofounder of Five Finger Death Punch, a fascinating inside account of one of the most successful heavy-metal bands of the past decade, and a revealing personal journey through the wild highs and terrifying lows of the rock and roll lifestyle—a wry and rollicking tale of music, addiction, and recovery. Hailed by the New York Times as one of the most unexpectedly consistently popular bands on the rock charts, Five Finger Death Punch has become the new heavyweight champ of the metal scene. In this high-energy memoir, Jeremy Spencer, the band's cofounder and drummer, takes us onstage and behind the scenes, on tour and into the studio to tell the band's story and his own. *Death Punch* is a detailed in-depth account of the group's origins and influences, as well as the infighting and tensions that, when channeled properly, result in the music fans love. It is also the hard-charging, laugh-out-loud tale of how a mischievous boy rose from small-town Indiana to rock royalty—and how he nearly destroyed it all for a good time. Told in his unique, self-deprecating voice, filled with his twisted and humorous take on living the sex, drugs and rock-and-roll dream turned nightmare, and including dozens of photos, *Death Punch* is a lively, no-holds-barred ride and an inspiring cautionary tale that offers lessons for us all.

## Book Information

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## Customer Reviews

Jeremy Spencer has written an in your face autobiography that he has used his wicked sense of humor to tell his tale from a drug addled teenager to sober upper teen and twenty something year old to the total chaos that surrounded his life with the formation with one of the fastest rising rock

bands of the past 20 years. Jeremy also delves into the reality of many struggling musicians and draws to light the misconceptions of self help groups where they say they can help you but sometimes there are even stigmas there as well, when it comes to alcohol abuse and being in a band. Jeremy's quick wit and humor has made this tale not only about his trail to sobriety but the reality of many musicians that travel across the country on a day to day basis in order to survive. Jeremy Spencer has made a book that was fun to read but also well thought out with his structure of going back and forth between his early years as a child growing up in Indiana to LA to Nashville and then back to LA then onto Las Vegas. This is definitely one of the most intriguing autobiographies I have read in a long time, I would compare this to the Heroin Diaries by Nikki Sixx and also 7 Deadly Sins by Corey Taylor. I would you suggest that you give it a try and not be surprised when you are laughing your way through this book as well as awed since he isn't dead yet. Jeremy definitely has a way with words.

I'm a fan of rock bios and this one is now on the list of my favorites! Jeremy's unique sense of humor combined with pop culture references along with the use of grandma Heyde's sayings ( blind sow finding an acorn is by far my personal fave) helps to break up the downer that is the subject of addiction. There were many times in the book I found myself not liking the person that Jeremy was ( and I'm sure he felt the same way while writing it out) however, his determination to succeed both personally and professionally made me admire him. Rock on and stay strong!

The first time I heard that Jeremy was going to be releasing his book I couldn't contain my excitement. I have been a huge fan of five finger death punch for so long but always having a soft spot for Jeremy. Of course it was absolute torture waiting for the official release date, and when it did finally come round, I had to wait almost 2 weeks to get my copy. It was definitely worth the wait. I don't often get excited about books and it has been years since I read a book from start to finish. I honestly couldn't put it down! I spent my Sunday morning curled up on the sofa with death punch in my hands just reading. It had me encapsulated right from the very first word (this doesn't happen very often), I got so completely lost in the book, that it actually allowed me to mentally visualise the words that I was reading. I just want to thank Jeremy for allowing not only myself but the entire world to be able to see a small glimpse of what his life was like, from a very young age, to more troublesome times and somewhat disgusting details (you'll know what I mean when you read it) as he got older. The things that this man has gone through are somewhat unbelievable in places, but for him to be able to come out fighting on

the other side is just beyond words. He truly is an incredible man and he should be extremely proud of himself, because we (the fans) certainly are!

This is a book I could not put down! I'm pretty sure I'm the biggest fan of 5 Finger Death Punch so I bought this book blindly only knowing Jeremy wrote it... From the start of page 1 I was hooked ( Jason anyone?) This story is one where I was rooting for him the whole time... Even though I know death punch worked out I truly felt as though it wasn't going to... The stories from his childhood are funny and tragic... This book is for those looking for a great redemption story or fans of death punch! The structure of the book is amazing going from modern times as an adult and then a story of his childhood... Its so good I have 2 copies and got them signed!!! This is the best book I have read in a long time... And it was written by Jeremy Spencer so that gets extra points in my book!!!

I've been a fan of Five Finger Death Punch for several years! When I heard Jeremy was writing a book, I couldn't wait to read it! After a very long wait, I finally received my copy 2 days ago. It was so worth the wait! Once I started reading, I didn't want to stop, and I didn't want the book to end! I laughed out loud. At times, I found myself with my mouth gaping open at some of the details...and other times, it was hard to fight back the tears! What more could you want from a book??? I am so glad Jeremy finally found the strength to say, enough is enough, because he is truly one of my favorite people on earth! Thank you Jeremy, for opening up your life to all of us! And thank you for being you!!!

I finished Death Punch'd in less than twenty-four hours. That ought to tell you something right there. I thought it was grittily honest with a twisted humor that rounded it out well. I quite liked the format of alternating timelines and having it come full circle. I appreciated the honesty and lack of bull. It felt like Jeremy was honest with himself and thusly me as the reader. And that takes guts. It was written as though you're on a road trip with Jeremy, and he's having a conversation with you about his journey in life thus far. It also made me feel, some emotions more jubilant than others, obviously. The red tail hawk mentions really resonated with me as dragonflies are my "thing." Funnily enough while drafting this review, a huge dragonfly flew straight at the window and then floated away. All in all, I highly recommend this emotional and raw memoir.

I found this book hard to put down once I opened it. It was well written and his sense of humor kept it from being anything but boring. That being said, it is based on a true account of his life and issues

he was able to overcome. I think a lot of us fans have a idea of what goes on behind the scenes of being in a band, but I was far more naive in what I thought really happened. He was bold and truthful in his accounts and it makes you understand who was and the person he has become today,

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